

Fortis Fortuna Adiuvat (Fortune Favours the Brave)

I held my breath once out of fear
I couldn't cope
The doctor says he hears that fear
in his stethoscope
And after tests he has surmised
that fear is why I'm paralyzed

His prescription
words of wisdom
fortis Fortuna adiuvat

How different now my life would be
Had I not held my breath in fear, I know
but chose to live through it, and let it go
Better still, had I been brave
to ride upon it like a wave
and tough enough to see
where it might have taken me

Instead in darkness here I linger
far from the gold light, sunbathed sandbar
where white pelicans find their
respite from winter.